



## Restrictive Practices Authorisation (RPA) News

RPA Newsletter - September 2020

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### In this Issue

Welcome to our September 2020 issue of the RPA Newsletter. In this issue we will be discussing:

- [COVID - 19](#)
- [NSW RPA Webinars](#)
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We encourage you to help spread the word and forward the monthly RPA Newsletter on to your colleagues. Help us keep the NSW disability sector informed about restrictive practice authorisation in NSW.

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### COVID - 19

The NDIS Quality and Safeguards Commission, NSW Government and Council for Intellectual Disability (CID) links below provide information, resources and advice on the management of COVID19 for service providers. The first link relates to behaviour support and restrictive practices:

#### New Resource

- [Guidelines on the rights of people with disability in health and disability care during COVID-19](#)
- [For your information NSW Health has just launched it's new accessible resources on COVID-19](#)
- [Easy read version of What you must do under new Coronavirus rules](#)
- [Coronavirus \(COVID-19\): Behaviour support and restrictive practices](#)
- [Coronavirus Disease 2019 \(COVID-19\) Outbreaks in Residential Care Facilities](#)
- [NDIS Commission coronavirus \(COVID-19\) information](#)

- [Help us save lives](#)
  - [Staying safe from Coronavirus](#)
  - [Service Providers](#)
- 



## NSW RPA Webinars

DCJ are conducting two webinars in October 2020. One will focus on the end-to-end process of submitting and approving restrictive practices in the NSW RPA System. The other will focus on authorisation requirements.

Links for registering to a session are below.

The number of attendees for each session will be capped at 50. If you click on the link and receive a message that states the session is closed it means the session is at capacity. Please send an email to the RPA Inbox: [RestrictivePracticesAuthorisation@facss.nsw.gov.au](mailto:RestrictivePracticesAuthorisation@facss.nsw.gov.au) – more sessions will be conducted on demand.

### Session 1 - End-to-end NSW RPA system demonstration

Date: 15 October 2020

Time: 10:30 am – 12 noon

This session is recommended for new users of the RPA System who have not attended previous information sessions. It will focus on how to submit and approve restrictive practices in the NSW RPA System. The webinar will also include an overview of roles and responsibilities according to the function (i.e. Behaviour Support Practitioner) and how key dashboard components can assist with the monitoring of practices.

For Registration: Please register via this [link](#)

### Session 2 - RPA Requirements in NSW

Date: 22 October 2020

Time: 10:30 am – 12 noon

This session is recommended for anyone who is new to RPA in NSW or who would like a better understanding of the requirements for authorising a restrictive practice. Participants will have the opportunity to ask policy-related questions.

For Registration: Please register via this [link](#)

The Team is looking forward to your participation.

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## RPA System update

Exciting news, the upgrades to the RPA System are now live! A description of the new enhancements can be found under the [Help menu](#) of the RPA System.

Thank you again for your continued use of the NSW (DCJ) RPA System (System).

The new version incorporates upgrades, new features and modifications in accordance with development plans and feedback received from users.

A description of the new enhancements is below and can also be found under the [Help menu](#) of the RPA System.

Quick Reference Guides (QRGs) have been updated in relation to these upgrades and are available under the [Help menu](#) of the RPA System.

The RPA User Guides will also be updated to reflect the changes and all users will be informed as soon as they are available.

Please feel free to contact us with any queries and concerns you may have in relation to this upgrade.

For the best possible experience when accessing the NSW (DCJ) RPA System we recommend using one of the following browser types:

- Google Chrome
- Firefox
- Microsoft Edge



Please see more detailed information on the upgrade below:



Communities  
& Justice

## NSW RPA System Upgrades September 2020

Feature	Description	What's changing																																										
General layout changes	<p>A number of changes have been made to the layout.</p> <p>Hyperlinks have been added throughout the system to replace the 'View' buttons.</p>	<p>You will notice some changes to the overall layout of the system.</p> <p>The width of the tables has been increased to allow all columns to show on the screen.</p> <p>The 'View' buttons in most menus have been replaced with hyperlinks to make faster to move from one screen to another.</p> <p>Additional fields have been added to some tables to provide more information to be viewed after searching.</p> <p>The first and last names of Participants have been combined into one field and now act as a hyperlink to the Participants' record.</p>																																										
Hyperlinks		<p><b>RPA Submissions</b></p> <p>Search Results</p> <table border="1"> <thead> <tr> <th>Submission ID</th> <th>Submission Status</th> <th>NDIS Participant ID</th> <th>Name</th> <th>Date of Birth</th> <th>Service Provider</th> <th>Service Provider Manager</th> </tr> </thead> <tbody> <tr> <td>1423</td> <td>Completed</td> <td>ABCDE123456789</td> <td><a href="#">Tabia Testing</a></td> <td>30-Sep-1984</td> <td>Strawberry Hills Service Provider</td> <td>Service Provider Manager</td> </tr> <tr> <td>1425</td> <td>Expired</td> <td>1214567890ABC</td> <td><a href="#">Tammy Testing</a></td> <td>12-Aug-1998</td> <td>Strawberry Hills Service Provider</td> <td>Service Provider Manager</td> </tr> <tr> <td>1428</td> <td>Completed</td> <td>1214567890ABC</td> <td><a href="#">Tari Testing</a></td> <td>12-Aug-1996</td> <td>Strawberry Hills Service Provider</td> <td>Service Provider Manager</td> </tr> <tr> <td>1427</td> <td>Expired</td> <td>1214567890ABC</td> <td><a href="#">Tari Testing</a></td> <td>12-Aug-1996</td> <td>Strawberry Hills Service Provider</td> <td>Service Provider Manager</td> </tr> <tr> <td>1426</td> <td>Released</td> <td>1214567890ABC</td> <td><a href="#">Tammy Testing</a></td> <td>12-Aug-1990</td> <td>Strawberry Hills Service Provider</td> <td>Service Provider Manager</td> </tr> </tbody> </table> <p>Showing 1 to 5 of 5 entries</p> <p>Previous Next</p> <p>Note: right-clicking the hyperlinks will allow you to open the link in a new tab or page.</p>	Submission ID	Submission Status	NDIS Participant ID	Name	Date of Birth	Service Provider	Service Provider Manager	1423	Completed	ABCDE123456789	<a href="#">Tabia Testing</a>	30-Sep-1984	Strawberry Hills Service Provider	Service Provider Manager	1425	Expired	1214567890ABC	<a href="#">Tammy Testing</a>	12-Aug-1998	Strawberry Hills Service Provider	Service Provider Manager	1428	Completed	1214567890ABC	<a href="#">Tari Testing</a>	12-Aug-1996	Strawberry Hills Service Provider	Service Provider Manager	1427	Expired	1214567890ABC	<a href="#">Tari Testing</a>	12-Aug-1996	Strawberry Hills Service Provider	Service Provider Manager	1426	Released	1214567890ABC	<a href="#">Tammy Testing</a>	12-Aug-1990	Strawberry Hills Service Provider	Service Provider Manager
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Feature	Description	What's changing
Floating menu bar	There are now floating menu bars on the right hand side of the <b>Participant, Submission, Outcome, Review</b> and <b>Practitioner</b> pages.	<p>The new floating menu bar contains quick links that will take you to each section of the submission or outcome.</p> <p>The items will appear as each section of the form is unlocked.</p> <p>This feature will make it easier to navigate through the page.</p>

**Quick Links**

- Back to Top
- 1. Participant Details
- 2. Practice Category
- 3. History
- 4. Documents
- 5. Targeted Behaviour
- 6. Proposed Practices
- 7. Completed By
- 8. Consent
- 9. Endorsements
- 10. Panel Members

Feature	Description	What's changing
Open Actions Table	The Open Action table now shows Planned and Interim submissions in separate columns.	<p>The actions for your organisations/branch are now shown in two columns, to make it easier to identify which actions relate to planned or interim submissions.</p>

**Open Actions**

All Actions in your organisations/branch

	Planned	Interim
Authorisations Expiring in the next 3 months	11	3
Authorisations Pending Consent	4	1
Authorisations Pending Approval	39	8
Authorisations Withdrawn	1	1
Submissions in Draft	17	12
Submissions in New	41	4
Submissions Released	65	18
Submissions Awaiting FACS Independent Specialist Allocation	19	0
Reviews Pending Approval	7	1

Upcoming Meeting Date	Participant
14/08/2020 2:00 PM	Rhonda Red

[See more](#)

Feature	Description	What's changing
Age and Gender on Dashboard	The Dashboard now includes tables to show age and gender of the participants.	<p>To view these metrics, select the 'By Category over 12 months' radio button on the Dashboard. Scroll down to the 'Additional Tables' section.</p> <p>In addition to showing on-screen, these tables will also be included in the printed Dashboard.</p>

**RPs by Age**

Primary Disability	Under 18 years	18 years and over
Intellectual disability - Borderline	27	0
Intellectual disability - Moderate	4	16
Not Available	15	2
Intellectual disability - Severe	0	14
Intellectual disability - Mild	5	8
Intellectual disability - Profound	6	5
Acquired Brain Injury	2	4
Autism Spectrum Disorder	2	2
Cerebral palsy	1	3
Genetic conditions	4	0
Other (Specify)	0	1
Overall	66	55

**RPs by Gender**

Submission Type	Gender	Under 18 years	18 years and over	Total
Interim	Male	1	1	2
	Female	11	8	19
	Other	0	6	0
<b>Interim Total</b>				
		12	9	21
Planned	Male	3	13	16
	Female	50	32	82
	Other	1	1	2
<b>Planned Total</b>				
		54	46	100
<b>Overall</b>	Male	4	14	18
	Female	61	40	101
	Other	1	1	2
	<b>Overall Total</b>	66	55	121

| Participant Age filter | The Dashboard and reports now include a Participant Age filter. | A new dropdown menu has been added to the Dashboard and reports to allow you to filter by the participant's age group.  The age groups are '18 years & Over' and 'Under 18 Years'. |

Participant Age

All ▼

All

18 Years & Over

Under 18 Years

Feature	Description	What's changing
Accommodation Setting filter	The Dashboard and reports now include an Accommodation Setting filter.	A new dropdown menu has been added to the Dashboard and reports to allow you to filter by the participant's Accommodation Setting.  The options are 'Aged Care Facility' and 'Other Accommodation Settings'.
Search field	The search field on each page will now remain in place.	When searching for a submission, outcome or review, your search term and results will remain in place when you open a record. When you click the 'back' button to exit the record, your search will still be on the main page.  Clicking on a menu bar link or refreshing your page will clear the search.  This feature will allow you to view all records returned by your search, without having to search again.
Mandatory Participant Information	Several fields in the Participant record have been made mandatory.	These fields are now mandatory: <ul style="list-style-type: none"> <li>Aboriginal/Torres Strait Islander (ATSI)</li> <li>Culturally and Linguistically Diverse (CALD) field is required.</li> <li>Primary Disability</li> <li>Accommodation Setting</li> </ul> This will allow for better reporting.

Accommodation Setting

All

All

Aged Care Facility

Other Accommodation Settings

Please correct the following error(s)

1. The Aboriginal/Torres Strait Islander (ATSI) field is required.
2. The Culturally and Linguistically Diverse (CALD) field is required.
3. The Accommodation Setting field is required.
4. The Primary Disability field is required.

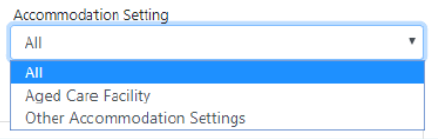
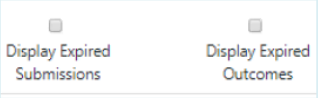
Feature	Description	What's changing
VOOHC Funding	A checkbox has been added to the Participant record to indicate if they are receiving VOOHC funding.	When entering a new Participant, the VOOHC checkbox will appear if the Participant is under 18 years of age.  Date of Birth: 12/07/2006 <input type="checkbox"/> Receiving VOOHC Funding <input type="checkbox"/>  Please note that the checkbox will not appear if the Participant's date of birth makes them 18 years of age or over.
CoS Number	There is now a field to record the Continuity of Service (CoS) ID for non-NDIS participants.	The CoS ID field will be greyed out until the CoS agreement checkbox is ticked.  Participants cannot have both and NDIS IS and a Cos ID.  Please note that all CoS IDs are in the format ABCDE123456789.
Primary Practitioner Check	The system will now provide an alert if the Participant's Primary Behaviour Support Practitioner is no longer active in the system.	If the Primary Behaviour Support Practitioner is no longer active in the system, you will get an error when you try to create a submission for the Participant.  Please correct the following error(s) 1. The Primary Practitioner is not active in the system; please select a new Primary Practitioner.


NDIS Participant ID

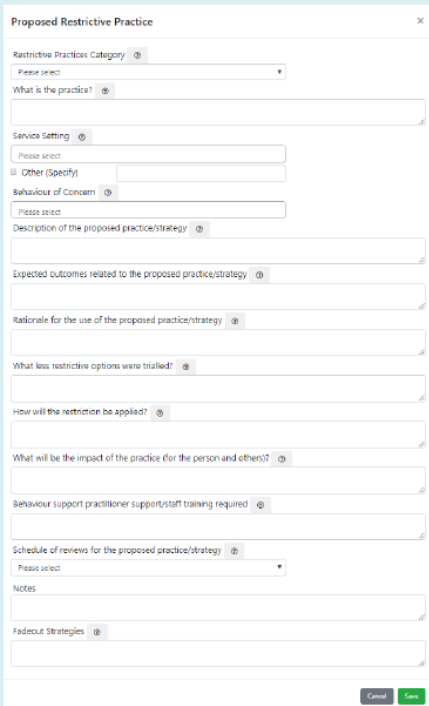
Is this client covered under the COS agreement?

Continuity of Service ID

ABCDE123456789

Feature	Description	What's changing
Accommodation Setting	'Aged Care Facility' has been added to the Accommodation Setting drop-down list.	The Accommodation Setting drop-down list has been updated to include 'Aged Care Facility'. 
Expired Submissions and Outcome Summaries	A new status of 'Expired' has been created.  When all outcome summaries of a submission have expired, the submission status will change to expired.  <b>Status: Expired</b>  An email will be sent to Service Providers when a submission expires.	The expired status has been added to the drop-down filters of the Dashboard and the reports.  Additionally, the Dashboard has been updated to exclude expired submission and outcome unless the relevant checkboxes have been marked and the filter set.  
BSP ID Mandatory	The Behaviour Support Plan ID is now required on all submissions.  When creating a Planned or Interim submission, the NDIS Behaviour Support Plan ID must be recorded before the submission can be released.  This will ensure that all BSP IDs are recorded.	<b>2. Restrictive Practice Category</b>  NDIS Behaviour Support Plan ID <input type="text"/>  Submission Type <input type="radio"/> Planned <input type="radio"/> Interim <input type="button" value="i"/>

Feature	Description	What's changing
Delete Draft submission	A Draft submission can now be deleted.	A 'delete' button has been added to the Draft submission form. This button will allow you to delete a draft submission if you no longer require it.  This will help to reduce the number of unwanted drafts in the system.  
Submission: Sections 5 and 6	You can now save <b>Section 5 and 6</b> without having to complete them all in one go.	<i>Section 5. Summary of Targeted Behaviour of Concern or Section 6. Summary of Proposed Restrictive Practices</i> now allow you to save without completing all the fields in one go.  This will allow you to leave the submission in draft while you find additional information without losing the data you have already entered.

Feature	Description	What's changing
Additional fields in Section 6	<p>Additional fields have been added to Section 6 of the submission form.</p> <p>Section 6 of the submission form has been updated. It includes additional fields to assist you in recording the details of the Proposed Restrictive Practice. Tooltips are provided alongside each field to provide further assistance.</p> <p>The fields in Section 6 are now:</p> <ul style="list-style-type: none"> <li>Restrictive Practices Category</li> <li>What is the practice?</li> <li>Service Setting</li> <li>Description of the proposed practice/strategy</li> <li>Expected outcomes related to the proposed practice/strategy</li> <li>Rationale for the use of the proposed practice/strategy</li> <li>What less restrictive options were trialed?</li> <li>How will the restriction be applied?</li> <li>What will be the impact of the practice (for the person and others)?</li> <li>Behaviour support practitioner support/staff training required</li> <li>Schedule of reviews for the proposed practice/strategy</li> <li>Notes</li> <li>Fadeout Strategies</li> </ul>	

Feature	Description	What's changing																																
Outcome Summaries listed on Submission	<p>The Outcome Summaries for a submission are now shown on the Submission page.</p>	<p>A new section has been added to the submission page, to show the outcome summaries associated with that submission.</p> <p><i>Section 11. Outcome Summary Overview</i> will appear once the submission is released.</p> <p>Clicking on these links will open the outcome summaries.</p> <table border="1" data-bbox="596 1146 1455 1317"> <thead> <tr> <th colspan="8">11. Outcome Summary Overview</th> </tr> <tr> <th>Outcome Summary ID</th> <th>Outcome Status</th> <th>Outcome Decision</th> <th>Service Setting</th> <th>Behaviour of Concern</th> <th>Restrictive Practice Category</th> <th>What is the Proposed Practice</th> <th>Panel Member ONLY Action Required</th> </tr> </thead> <tbody> <tr> <td>70234</td> <td>Completed</td> <td>Approved</td> <td>Accommodation setting</td> <td>Food – compulsive / over eating</td> <td>Environmental Restraint</td> <td>Text text text text</td> <td>Approved</td> </tr> <tr> <td>70233</td> <td>Completed</td> <td>Approved</td> <td>Accommodation setting</td> <td>Eating non food items</td> <td>Environmental Restraint</td> <td>Text text text text</td> <td>Approved</td> </tr> </tbody> </table>	11. Outcome Summary Overview								Outcome Summary ID	Outcome Status	Outcome Decision	Service Setting	Behaviour of Concern	Restrictive Practice Category	What is the Proposed Practice	Panel Member ONLY Action Required	70234	Completed	Approved	Accommodation setting	Food – compulsive / over eating	Environmental Restraint	Text text text text	Approved	70233	Completed	Approved	Accommodation setting	Eating non food items	Environmental Restraint	Text text text text	Approved
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FACS is now DCJ	<p>The acronym FACS has been replaced with DCJ</p>	<p>The Department of Family and Community Services (FACS) is now part of the Department of Communities and Justice (DCJ)</p> <p>You will notice this change when selecting a DCJ Independent Specialist to sit on your panel.</p>																																







## Review of a Restrictive Practice

A Review can occur at any time within the authorisation period. For example, if a restrictive practice is authorised for 12 months, the Panel may decide to hold a Review after 3 months to see how the practice has been impacting the person.

However, a review is not reauthorisation of an authorised practice which is about to expire. Therefore, if authorisation of a restrictive practice is expiring, you need to lodge a new planned submission rather than conducting a review. Watch the Youtube on Review of Authorisation [Click Here](#)

For further information refer to the RPA Portal - resources or refer to the NSW Policy or Procedural Guide - [Click Here](#)

Please refer to Review of Implementation: [Click Here](#)



## Introduction to the Child Safe Standards for the VOOHC sector

The Child Safe Standards were recommended by the Royal Commission into Institutional Responses to Child Sexual Abuse and have been adopted by the NSW government. They provide a framework for organisations to create and maintain environments that support children and young people to feel and be safe. They provide a benchmark against which organisations can assess their child safe capability, set performance targets and help organisations address multiple risks.

This webinar will:

- provide an overview of the Child Safe Standards,
- briefly discuss how the standards overlap with existing Statutory Procedures for Voluntary Out of Home Care and other relevant regulatory and practice standards,
- prompt Voluntary Out of Home Care providers to start thinking about potential gaps in their organisational culture and safety around children

There are two sessions available:

### Session 1

Date: 27 October 2020

Time: 10am – 11.30am

Registration: Please register via this [link](#)

### Session 2

Date: 4 November 2020

Time: 1pm – 2.30pm

Registration: Please register via this [link](#)

For any inquiries, please contact [voohc@kidsguardian.nsw.gov.au](mailto:voohc@kidsguardian.nsw.gov.au) or [childsafes@kidsguardian.nsw.gov.au](mailto:childsafes@kidsguardian.nsw.gov.au)



## Adult Intellectual Disability Mental Health (AIDMH)ECHO

Adult Intellectual Disability Mental Health ECHO is a NSW Health capacity building initiative that supports healthcare professionals from diverse disciplines and service settings to improve mental health outcomes for people with an intellectual disability. Through participation, healthcare professionals can develop confidence and specialised knowledge to deliver specialised mental health care to adults with intellectual disability within their own local communities.

**Audience** All healthcare providers who support people with intellectual disabilities. Participants may include [Local Health District clinicians, GPs, practice nurses, and allied health professionals](#) in both private and disability sectors across NSW.

### ECHO Sessions

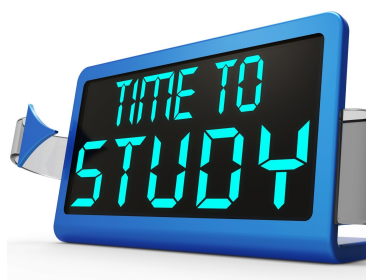
Series 1: Every Wednesday 10-11.30 am from 5 August to 7 October 2020 (10 sessions) - **Registration closed**

Series 2: Every Wednesday 10-11.30 am from 21 October to 16 December 2020 (9 sessions) - **Registration closed**

Series 3: Every Wednesday 10-11.30 am from 3 February to 7 April 2021 (10 sessions) - **Open for registration**

- Each ECHO series will run for 10 weeks.
- Participants are expected to attend each weekly session for 1.5 hours.
- Participants are encouraged to contribute a case presentation during a series.
- Participants who attend a minimum of 6 sessions will receive a certificate of attendance for CPD points.
- No cost to participate.

For registration [click here](#)



## Case Study - Abe

Abe is a 28 year old male who resides in a supported independent living environment. Abe also attends a day program which is operated by a different service provider to that of his accommodation service. Abe has three types of restrictive practices in place, two for chemical restraint and one for environmental restraint; these are all documented in his current behaviour support plan which is dated 29 February 2020. Abe's previous behaviour support plan expired on 3 March 2020 and, prior to its expiry, was approved for use at both his home and day program service.

Abe's independent living support provider submits his proposed restrictive practices to an RPA panel on 11 March 2020. The submission is comprehensive and the practices receive planned authorisation for use by his independent living support provider.

In accordance with the [NSW RPA Policy](#) and the [NSW RPA Procedural Guide](#) RPA panels are able to provide authorisation for up to 12 months for planned submissions. Authorisation however is from the date of the behaviour support plan, not the date of the RPA Panel. In other words, authorisation for a restrictive practice can be provided for up to 12 months from the date the plan was written. This means that Abe's restrictive practices can be approved to 28 February 2021 and is approved for use by his independent living support provider only.

For a variety of reasons Abe's day program service does not put his submission to a RPA to a panel until 14 September 2020, where it was subsequently authorised. Given behaviour support plans are valid for up to 12 months from the date they were developed, the restrictive practice can only be approved in the day program setting until 28 February 2021 (i.e. approval can only be given for just over 6 months, which align with the expiration of the behaviour support plan).

Furthermore, since Abe's previous plan has expired, the use of restrictive practices at his day-program have been unauthorised and any use of restrictive practice is therefore a [reportable incident](#). This means that all instances of restrictive practices used by his day program service between 3 March 2020 (i.e. the expiry date of his previous plan) and 14 September 2020 (i.e. the date the current practices were approved) need to be reported to the NDIS Commission as reportable incidents.



## SPOTLIGHT

### Jessica Degrassi

PBS, Active Support & Safeguarding Manager  
Individual & Community Services, Autism Spectrum Australia  
DCJ Independent Specialist

#### How did you get to where you are today?

I first found my passion for the disability sector whilst in university working as a counsellor at a parenting program specialising in supporting parents with intellectual disability. After completing my Masters in Educational and Developmental Psychology I worked many different roles at a local NGO including supporting families navigate the early stages of a disability diagnosis, case management and psychologist. It was whilst working as a psychologist that I found my real passion in supporting individuals with complex support needs, and in particular Positive Behaviour Support.

Positive Behaviour Support has been a passion ever since. I soon started working with Autism Spectrum Australia as a psychologist providing PBS services and consultation to therapists supporting people on the autism spectrum. During this time I supported speech therapists, occupational therapists, social workers, educators and other psychologists to build their knowledge and passion about PBS. Supporting the continued implementation and development of PBS across NDIS services at Aspect instilled additional passions for ensuring that individuals with disability have access to the same rights, choices and freedoms as we all do as well as safeguarding and restrictive practice authorisation.

Over my time at Aspect I have had multiple roles in PBS leadership, management and support of both therapy teams and disability support workers. Particular highlights have included developing and implementing an internal PBS competency and support & supervision framework for Aspect Therapy staff. This has ensured new therapists and behaviour support practitioners have the opportunity to develop and engage in providing the best PBS services for individuals on the autism spectrum. In addition to this having the opportunity to provide workshops and speak at conferences about PBS, complex support needs and support and supervision of behaviour support practitioners both here in Australia and overseas (including APAC and APBS) has been wonderful.

Significantly, however, it has been the opportunity to see people on the autism spectrum lives benefit from the implementation of PBS and supports and strategies that focus on choice, control, dignity, rights and freedoms that has been the greatest highlight. This has gone hand in hand with the opportunity to see restrictive interventions minimised and reduced, and the implementation of better and more robust safeguarding measures for people with disabilities across the sector.

**What do you see are the benefits of having the Independent Specialists participating on RPA Panels?**

Easy access to independent specialists is key to ensure that restrictive practices are only implemented in the context of good positive and proactive supports. Independent support ensures that the practices and supports can be assessed without bias as being the least restrictive option, whilst meeting necessary best practice guidelines. Independent Specialists come with a knowledge of behaviour support and the implementation of behaviour support plans – we know that change in behaviour and improvements to quality of life occurs when positive supports are reasonable, practical and able to be implemented by those supporting the person with disability. Independent Specialists bring a lot of this knowledge and expertise to support decision making around implementation of restrictive practices.

**Do you have any advice or tips for those who may be sitting on or convening an RPA Panel in the future?**

Try to be as prepared as possible and ensure the person with disability is kept at the centre of all discussions. RPA processes make decisions which can infringe on a person's human rights – ensuring the person with disability has a voice and representative in these decisions is key. In addition, keep up to date with knowledge and developments in all things restrictive practice, and never be afraid to ask questions and advice from DCJ.



**Test your knowledge!**

**Question 1:** A consent letter from the Person Responsible / Public Guardian is dated 1 November 2019. A new Behaviour Support Plan is completed on the 20th February 2020. The Person Responsible / Public Guardian consent letter is still valid. **True / False**

**Question 2:** Can a review be used to extend the authorisation period of a restrictive practice?

**Question 3:** The RPA Panel will decide the duration of a planned Restrictive Practice (no more than 12 months) and any conditions on an authorisation. **True / False**

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RPA News will be published monthly on the Department of Communities and Justice [Restrictive Practices Authorisation web page](#). If you would like to suggest a colleague or service to be included in Spotlight On... or Provider in Focus, or if you have any questions about restrictive practices authorisation or this newsletter, please email: [RestrictivePracticesAuthorisation@facns.nsw.gov.au](mailto:RestrictivePracticesAuthorisation@facns.nsw.gov.au)

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## Test Your Knowledge Answers:

Q1: False

Q2: A review can never be used to extend the authorisation date of a restrictive practise. A RPA panel must request a review in order to ensure that the recommendations in the outcome summary are being progressed. A review may be used multiple times during the period of authorisation.

Q3: True

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